



# SPORTING INFLUENCE

Improving Social Skills Through Sport

## PE With Mr Whitford

This term all of the classes have worked hard in their lessons where children have looked at a range of sports and activities.

**Class 1** started the term by developing their gymnastics skills. They looked at different ways of travelling, making shapes and balances, and jumping. They loved performing to each other and showing off their short routines. This half term the children had great fun dancing like a dinosaur, focusing on their expression and timing. Well done to all of the children!

**Class 2** also started the term by developing their gymnastics skills. They too looked at different ways of travelling, making individual and partner balances, and jumping. Children also explored rolling, including the egg, pencil and teddy bear roll. They were challenged to link their skills together to make short routines. The children's favourite part of the term was getting the Wall Frame out where they explored different ways of climbing up and down, and performing shapes on and off it. This half term they explored Net Wall Games, developing their control and accuracy when throwing over a net.

**Class 3** have focused on Gymnastics and Hockey this term. In gymnastics the children developed group routines which included partner & group balances, rolls (including forwards rolls), jumping off apparatus and flight. They demonstrated some fantastic control and communication when performing. In Hockey the children have focused on their control when moving with the ball, receiving the ball and passing. They have applied this to small-sided games, with some very good hockey skills on show!

**Class 4** loved developing their dodgeball skills in the first half term. They worked on the accuracy of their throwing, their catching, dodging and decision-making. They had lots of fun, playing lots of games! This half term they have explored different Parasports, where the children have had the opportunity play inclusive games such as Boccia, Sitting Volleyball and Goalball. Children have identified how skills can be transferred between different sports and applied in different ways. Well done everyone!

Have a great Easter and see you in the Summer Term!



An example of one of the group balances used by Class 3 children.



Boccia – one of the Parasports Class 4 children have explored this half term.



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